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Top Goal, Student Book 2

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Workbook

Scope and Sequence 🕭



UNIT		VOCABULARY		GRAMMAR	SAMPLE LANGUAGE
Welcome!	REVISION OF: camic book, lion, mountain, prepare, rainbow, snail, tall, time, tired, year	TEACHING OF: ago, calendar, date, early, how long, late, month; months of the year; numbers 101–1000	EXPOSURE TO: festival, have no fear	TEACHING OF: How many/How long with questions REVISION OF: Simple Past Superlatives	
Personal Interests	REVISION OF: clean, little, loud, scary, sad, everywhere, anyone	TEACHING OF: amazing, enormous, excellent, friendly, frightening, important, interesting, lovely, lucky, noisy, popular, special, wonderful, tidy, enjoy, excited, horrible, messy, ride, unfriendly, unkind, unlucky, untidy, unusual	EXPOSURE TO: believe, carving, fair, hobby, origami, prefer, yarn bambing	TEACHING OF: (Grammar 1) Simple Present vs. Simple Past TEACHING OF: (Grammar 2) State Verbs vs. Action Verbs	Grammar 1: I go nearly every day. Yesterday, I didn't go. Grammar 2: I want to go to the fair again! My cousin is playing at the fair right now.
2 House Designs	REVISION OF: door, floor, stairs	TEACHING OF: architect, basement, design, entrance, fridge, gate, key, layout, materials, measurements, oven, phone, screen, Wi-Fi; actually, corner, cushion, else, empty, front, instead, later, shelf, take (an hour)	exposure to: also, flashlight, haunted, much, of course, slide, slumber party, spire, wonder	TEACHING OF: (Grammar 1) Future plans with will TEACHING OF: (Grammar 2) Will vs. be going to	Grammar 1: I will look for the key. We won't come here again. Grammar 2: I am going to sleep at Luna's house tonight. I will tell my dad you don't like fish. Add a few strawberries and a little cereal using a spoon.
3 Job Paths	REVISION OF: prefer, work	TEACHING OF: actor/actress, artist, businessman/ businesswoman, driver engineer, fashion designer, flight attendant, journalist, manager, mechanic, photographer, pilot, singer, waiter, airport, factory, gallery, job, news, meeting, office, stage, work	exposure to: repair, population, sound (v)	RETEACHING OF: (Grammar 1) Future plans with be going to TEACHING OF: (Grammar 1) Unlikely and impossible future plans with may and might TEACHING OF: (Grammar 2) Question tags	Grammar 1: I'm not going to work in an office. She may be a pilot because she likes flying. Julian might not be a pilot because he's scared of planes. Grammar 2: This is a theater, isn't it? I can come, can't !?
Glorious Food	REVISION OF: buy, cook, chocolate, pancake, sweet	TEACHING OP: bake, butter, cookies, countertop, fetch, flour, honey, ingredients, recipe, smell (n), snack, sugar, topping, yogurt; cut, dough, enough, measure, mix, pour, roll, smell (v), stir, taste	EXPOSURE TO: It smelts; balanced, dairy, diet, proteins	TEACHING OF: (Grammar 1) Expressing advice with should and warnings with had better TEACHING OF: (Grammar 2) Zero conditional	Grammar 1: You should get your ingredients ready first. You had better not leave the cookles in the oven too long! Grammar 2: We add more water if the sauce is too thick. If it doesn't taste great, I stir in more salt.



READING	SEL.	LISTENING	SPEAKING	WORD WORK	WRITING	INTEGRATED LEARNING	PROJECT
A story about making a	Relationship skills and	An interview with a writer	Talking about a dream	Working with the prefix un-	Writing an e-mail about	Social Studies: Unusual	Creating a community-
new friend (Comparing and contrasting information) - An e-mail describing a special interest (Identifying and ordering events)	social awareness: Initiating and engaging in social interactions with peers and adults	(Listening for specific details)	youth center	the pretty diff	a special Interest	interests around the world	interests poster
A story about moving house (identifying setting) A magazine article about redesigning a bedroom (Reading for detail)	 Responsible decision- making: Selecting the appropriate supplies and tools needed to complete a task 	- A conversation about animal houses (Listening to make Inferences)	Describing an ideal house	Working with words that can be used as verbs and nouns	Writing an e-mail about plans to redesign a bedroom	Social Studies: Buildings of the future	Creating a plan for a house of the future
A story about applying for college (Identifying characters feelings) Article about jobs of the future (Reading for detail)	Social awareness: Solving problems in various situations	A conversation about moving abroad (Listening for specific details)	Talking about different professions and professional plans for the future	Working with the suffix ist	Writing about professional plans for the future	Social Studies; Numbers about future jobs	Creating a poster showing the most common jobs in your community now and in the future
A story about an experiment in cooking class (Reading for specific information) An article about dos and don'ts for sports and food (Identifying specific Information)	Self- management: Accepting mistakes; working independently and showing Initiative	A conversation between a doctor and a patient about healthy eating habits (Listening for specific information)	Talking about different types of food and eating habits	Working with words that can be used as verbs and nouns	Writing an article about food advice	Natural Science: Healthy eating	Creating a pancake recipe

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Scope and Sequence 💩



Unit		VOCABULARY	GRAMMAR	SAMPLE LANGUAGE	
Storylines	REVISION OF: end, movie	TEACHING OF: animation, cartoon, comedy, documentary, drama, fairy tale, horror, musical, mystery, play, plot, sci-fl, thriller, western; act (n), alone, appear, character, decide, end (v), feel, storyboard, whisper, wish	exposure to: act (V), begin, beginning, climax, meet, middle, study	TEACHING OF: (Grammar 1) Past Progressive RETEACHING OF: (Grammar 2) Making suggestions with Why don't/How about/What about	Grammar 1: - Were you studying last night? - He wasn't watching the movie. We were studying Grammar 2: - Why don't we draw a storyboard? - How about making a comedy? - What about writing a story?
Outdoor Activities		TEACHING OF: camping, canoe, canoeing, climbing, fishing, fishing rod, helmet, hiking, hiking boots, outdoors, sleeping bag, surfboard, surfing, tent; backpack, backpacking, campfire, flashlight, horseback riding, hot dog, life jacket, mountain biking, raft, rafting	EXPOSURE TO: until	TEACHING OF: (Grammar 1) Simple Past vs. Past Progressive TEACHING OF: (Grammar 2) When and while with Simple Past and Past Progressive	Grammar 1: I was lying in my tent, and I heard a bear! Grammar 2: We were eating hot dogs while we were rafting. I was looking at the water when my sandwich fell in
Styles	REVISION OF: hotel, plane, ticket, train, trip	TEACHING OF: sultcase, passenger, platform, station, taxi, traffic, hurry, raitroad, terminal, tour, subway, passport, security, depart arrive, check in, check out, directions, find out, get away, go out, land, prepare, take off	EXPOSURE TO: follow	TEACHING OF: (Grammar 1) Present Perfect Simple TEACHING OF: (Grammar 2) Present Perfect with already, just, and yet	Grammar 1: Evelyn has traveled on the subway before, but she has not been on the railroad. Grammar 2: Mom has already printed the tickets. The taxi has just arrived. We haven't checked the weather yet!
Outfits		TEACHING OF: comb, belt, bracelet, brush, costume, crown, earrings, necklace, purse, ring, striped, tie, umbrella, uniform; cotton, gold, leather, metal, plastic, silk, silver, spotted, wood, wool	exposure to: decision, design, fashion, functional, outfits	TEACHING OF: (Grammar 1) Present Perfect questions and short answers TEACHING OF: (Grammar 2) be made of	Grammar 1: - Have you tried the new uniform? Yes, I have./ No, I haven't. Grammar 2: - The necklace is made of silver. - The earrings are not made of gold.
Goodbyel	REVISION OF: backpack, camping, climbing, cookies, flashlight, helmets, hiking, hiking boots, horror, hot dog, hurry, platform, station, subway, taxi			REVISION OF: Simple Past, Past Progressive, Present Perfect, future forms, advice and warnings with should and had better	

TopGoal_2_Combo_SB_S_and_S indd 6 27/03/25 12:31 PM



Scope and Sequence

READING	SEL	LISTENING	SPEAKING	WORD WORK	WRITING	INTEGRATED LEARNING	PROJECT
A story about a school project (identifying characters' feelings) A blog post about movie scenes (identifying positive and negative information)	Social. awareness: Demonstrating collaborative skills; acknowledging others' strengths and contributions to a group effort.	The plot of a story (Listening for similarities and differences)	Talking about favorite kinds of stories; telling stories	Working with word families	Writing a blog post about a favorite movie scene	Language Arts: Understanding parts of a story	Creating a movie poster
A story about a camping experience (Sequencing events) A blog post about an outdoor odventure (Identifying facts and opinions)	Self-awareness and self- management: identifying and demonstrating self-regulating strategies to manage emotions and reframe thoughts and behaviors	A conversation about an outdoor experience (Listening for note-taking)	Talking about outdoor activities, trips, and landscape features	Forming new words with -ing	Writing a blog post about outdoor safety	Social Studies: Landscapes	Creating a travel brochure
A story about a trip to the airport (identifying mood) A website describing different school field trips (identifying fact and opinion)	Responsible decision- making: identifying new thinking as the result of the problem- solving process	Directions to grandma's house (Listening for specific information)	Talking about different ways to travel and school field trips	+ Working with phrasal verbs	Writing a post about a field trip	Math: Using basic calculations	Creating a model plane or train
A story about making a belt (Understanding Uteral and figurative tanguage) An article about how fashion has changed (Reading for gist and inferring)	Self- and social awareness: Understanding how personal identity influences choices and outcomes	A presentation about homemade accessories (Listening for specific information)	Talking about preferred clothing styles	Working with the suffixes -sion and -tion	Writing a blog post about changes in fashion	Design: Art and design	Designing an outfit that reflects your personality
A story about a camping trip		A journey on the subway	Talking about activities, vacations, and fears		Writing a story using sequencers		

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2 Ma Listen and read.

Chorus

Hello everybody. Welcome back to school! You'll learn a whole lot more, and you'll make some new friends, too!

The All Sorts are here again to help you through the year. We'll learn and create together. We'll have fun, so have no fear!

Chorus

You'll learn new songs and games, and read new stories, too. Just wait and see what the teachers have prepared for you!

Chorus

HELLO!

استمع مرة أخرى وردد (أنشد).

3 was Listen again and chant.

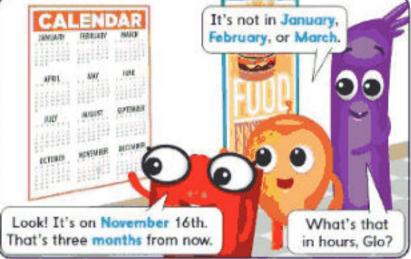
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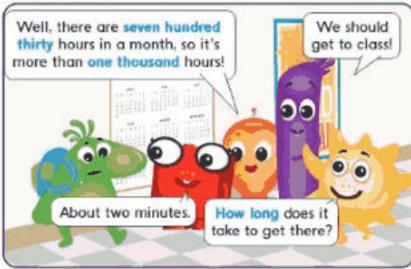
استمع، اقرأ، وأجب.

1 A Listen, read, and answer.

- 1 Where does A-J want to go?
- 2 What are the All Sorts late for?









2 منظر، اقرأ الأرقام، ثم استمع وكرر. Look, read, and match. Then listen and say.

a one hundred thirty-two

four hundred twenty-one

c seven hundred ninety-five

one thousand

e five hundred eight

-508 -132

1,000

3 من استمع، تحقق، وكرر. Look and complete. Then listen, check, and say. انظر و أكمل. ثم استمع، تحقق، وكرر.

April August December February January July June March May November October September

July August December SeptemberOctobeNovember

اقرأ وأكمل.

4 Read and complete.

Ago calendar early Howlong late months one time

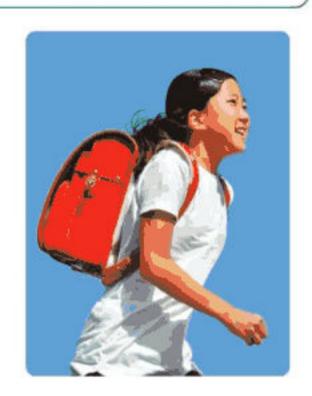
Some Time Ago, at School

I asked my classmate, Sebastian, how much

2_time__ we had until the bell rang. He
checked the 3_calendaron the wall. He said we
needed to hurry up or we would be 4___late
for class again! Just then, the bell rang. "Oh, no! It's

5___one__ o'clock already." We really needed to
arrive 6_early_ this time. A few 7_months
ago, we weren't on time and the teacher got mad."

8How longdoes it take to get to class?" I asked
Sebastian. "Not long!" he answered. "Hurry up!"



أكمل مع زميلك. ثم استمع وتحقق وكرر.

5 Complete with your partner. Then listen, check, and say.

1 130+26= one hundred fifty-six

2 300+250= five hundred fifty

What is one hundred thirty plus twenty-six?

- 3 450+220= six hundred seventy
- 4 500+500= one thousand
- 5 270+230= <u>five hundred</u>

Five hundred

I think it's one hundred fifty-six.

Ask and answer the questions with your partner. يكتب الطالب الشهر الذي ولد فيه

- 1 Which month is your birthday in? My birthday is in
- 2 Do you do anything special in June? If so, what? Yes, my family and I go the Makkah.
- 3 What is the hottest month in your country? is July.
- 4 Which is your favorite month? Why? Dece

December because it's a holiday

5 Which months have national holidays season and the weather is nice and in your country and what are they? cool.

in September called National Day.





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Do you remember?

1 Read and complete with How long or How many.

اقرأ وأكمل ب "كم المدة How long أو كم العدد How many .





How many classes do you have on Wednesdays?

2 How longs the lunch break?

3 How man Yeachers do you have this year?

4 How many students are in your class?

5 How longs your journey to school?

6 How longwas your vacation?



اكتب المزيد من الأسئلة. ثم اسأل وأجب.
Write more questions. Then ask and answer.

How many books did you read this month? classes do you

I read two books this month.

How long is the class?

The class is one hour long.

have on Wednesdays?

This year, I have five classes on Wednesdays!

How many friends do you have in your class? English lesson?

I have seven friends in my class.

How long do you watch TV every day?

I watch TV for one hour every day.

انظر، اقرأ، وأكمل. Look, read, and complete. انظر، اقرأ، وأكمل





Tang 1 woke up (wake up) on Sunday at 8 a.m. He 2 ate (eat) pancakes with eggs for breakfast and a drank (drink) orange juice.



He 4 Went (go) for a walk with Cha-Cha in the park. They Saw (see) a butterfly and a met (meet) Hob and Bud.



Later, he relaxedax) at home. He * read (read) his favorite book and then went (go) to bed. He to fell (fall) asleep at 8 p.m.

Combo_SB_Welcome_Unit indd 8

أخبر زميلك عن عطلة نهاية الأسبوع الخاصة بك.

4 Tell your partner about your weekend:



I woke up at nine o'clock and had breakfast with my family.

I woke up at nine o'clock and had breakfast with my family.

What did you do after that?

I went to the park and played with my friends. Then, in the evening, I watched a movie with

What my family.

I ate fruit with yogurt, and I drank apple juice. Then ...

5 Look, read, and complete. انظر، اقرأ، وأكمل.



 He is the <u>tallest</u> (tall) student.



2 This is the biggest (big) classroom.



3 She travels the _____ (long distance to get to school.



easiest
This is the _____(easy)
class for me.



most difficult

This is the _____ (difficult) (difficult)



ficult funniest __(difficult) 6 She is my _____(funny) friend.

انظر إلى الجمل في التمرين ٥. ثم اسأل وأجب.

6 Look at the sentences in Exercise 5. Then ask and answer.



Who is the tallest student in our class?

I think Marco is the tallest student. Which is the biggest classroom?

The science lab is the biggest classroom in the school.





TopGost_2_Combo_SB_Welcome_Unit indd

ersonal Interests

Join an activity at the youth center!



Abi

Noah

Kinsley

Jack





Join the Most Popular Youth Center Around!

Click here to find out about all our interesting events.



Frightening Fridays—our horror movie nights!



Join our Saturday game night. You might be lucky 35 and win a special 🥀 prize!



You'll have a wonderful 🥶 time!

Comments:

- Abi ___ The game night was great! The games were amazing!
- Jackyes, everyone is friendly 😬 and the place is excellent! 📥

3Kinsleyt's so important 1 to have a lovely place to meet people.

Noah The building is enormous - and tidy, but it gets a little noisy (2) during big events.



How are your interests different from your friends' interests?

We have different interests



اقرأ وأكمل.

3 Read and complete.



Join us in the *lenormous youth center for some *lenormous a mazing activities! We have different events every day, and you can meet some *sfriendly people, too! The most *popular activity is the horror movie night when we show *sfrightenimovies! People also love the sports days. We usually hold competitions, so you can win a *special prize if you're *lucky !

On the first weekend of every month, we have a family day. This is when everyone brings their family, and the space is full of *Lovely people! It can get *noisy when everyone is talking and laughing, and it's *oimportant* to make sure the space is *t_idy when they leave. But we have a *wonderful time!

On Tuesdays, you can Join the book club. We always read something ¹³ interesting t whatever day you come, you always leave with ¹⁴ excellent memories.

اصنع ملصقًا عن اهتمامك المفضل.

4 Make a poster about your favorite interest.

- Draw your favorite interest.
- Talk about why you like it.
- Use full sentences and new words.

My favorite interest is playing the guitar! You can meet *friendly* people and make *amazing* music!



5 Discuss the questions with your partner.

1 What activities can you do in your neighborhood? Talk about them.

2 How are your interests simil from your partner's interests

3 Do your friends have any in would like to try? 1-Play football and ride my bike 2-We both like games, but I like football and he likes drawing 3-Yes, I want to try swimming



tut — I office

1





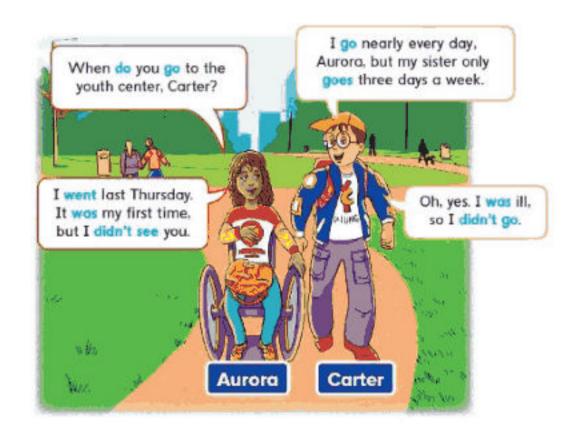
1 Read the chart. اقرأ الجدول.

	Simple Present	Simple Past		
tove	I love playing hockey.	I loved the game on Saturday.		
win	I win a lot of football games.	My team won last Saturday.		
She paints wonderful pictures.		She <i>painted</i> an amazing landscap yesterday		
not watch	I don't watch movies on Mondays.	I didn't watch the movie because I was busy.		
go	What days do you go to the youth center?	What day <i>did</i> you <i>go</i> last week?		

اقرأ ووصل.

2 Read and match.

- 1 Carter ... bd
- 2 Aurora ... a C
- went to the youth center once in the past.
- **b** didn't go last Thursday.
- doesn't go regularly.
- d goes regularly.



اقرأ وأكمل.

3 Read and complete.

facts or feelings moments or events regular routines

moments or events

- 1 We use action words in the past to talk about single ______ before now.
- 2 We use action words in the present to talk about ______ that are always true and to talk about _____ facts or feelings

routines



اقرأ واختر الكلمات الصحيحة. ثم استمع وتحقق.

4 Read and choose the correct words. Then listen and check.

Come and join the youth center! We Yo/ did fun things every day! What do you do? What do you do?

On Mondays, we *played / play football!

Last Monday my team *win / won!

On Tuesdays, we *dance / danced to music.

Last Tuesday we *have / had lots of fun!

On Wednesdays, we *learn / learned how to have debates.

This Wednesday we ⁷debate / debated the issues.

On Thursdays, they *teach / taught us how to cook!

Last week I ⁹cook / cooked my favorite dishes!

Friday 10 is / was movie night.

We "watch / watched a movie that was frightening!

On Saturdays, we ¹²play / played games! I won! I ¹³run / ran as fast as lightning!

We have a wonderful time.
We have a wonderful time!

- استمع مرة أخرى وردد (أنشد). Listen again and chant
- 6 Look and write. انظر واكتب



Last week / go / adventure park.

Last week | went to
an adventure park.



do/exercise/every morning?
Do you exercise
every morning?



On Saturdays/not play/football.
On Saturdays,
I don't play football.



Yesterday...
I had

This morning ...
This morning, I



Every morning, ...
Every morning, I wake
up early/at 6 a.m

7 Discuss your dream youth center with your partner.
Draw a picture about your youth center and talk about it

5

My dream youth center has a football field and a game room. I like it because I can play and have fun with my friends.

fun with my friends. had breakfast.







استمع واقرأ القصة. اختر عنوانًا.

1 6 Listen and read the story. Choose a title.

- Losing a Friend
- 2 Making New Friends
- 3 The Video Game Tournament

Chloe and Lia are best friends. They play video games together once a week, try new sports, and sometimes cook together, too! They have a very special friendship. But one day, there was a problem. Chloe met a new friend at school, and Lia felt upset.

"Ava's lovely!" Chloe said. "I invited her to play video games with us tomorrow."

Lia was shocked. "But that's our time together! We always play on Wednesdays!"

"I know," replied Chloe. "She can join us, though. I think you are really going to like her!"

Lia arrived at Chloe's house. She found the situation frightening. She always has trouble meeting new people.

She looked around. "Everything is so tidy! Your house is usually a mess, Chloe."

Chloe laughed. "I know, but we have a new guest. It's important to make an effort!"

Just then, Ava walked into the room.

"Hi! You must be Lia!" Ava said, shaking her hand and smiling. Lia didn't smile back.

"What's wrong?" asked Chloe later. "Why are you not being friendly?"
"I thought I was your best friend!" replied Lia.

"You are always going to be a special friend, but we can be friends with Ava. too."

Lia thought about having two best friends. It sounded wonderful.

Ava was putting a new racing game on. It was Lia's favorite.

"Let's race!" she said with a smile.



2 Read again and answer the questions. اقرأ مرة أخرى وأجب عن الأسئلة.

- 1 What kind of relationship do Lia and Chloe have? They have a very special triendship.
- 2 Why was Lia upset? because Chloe met a new friend
- 3 Why didbecause she always has trouble meeting new people
- 4 How was Chloe She made an effort to make her house tidy.
- 5 How did Ava react when she met Lia? She smiled and shook Lia's hand.
- 6 Who is more confident meeting new people, Lia or Ava? _____Ava.
- 7 What do Lia and Ava both like? They both like video games.

التعلم الاجتماعي و العاطفي Social and Emotional Learning اعمل مع زميل وأكمل الجمل.

Work with a partner and complete the sentences.

- 1 Making new friends can be difficult because I 1 m shy
- 2 When I I talk to him with respect
- 3 When you talk to new people

be friendly

Making new friends can be difficult because I'm shy.

Really? Maybe you could ...





14

انظر إلى الصورة. ناقش الأسئلة.

1 Look at the picture. Discuss the questions.

1 What do you think Autumn Smith does? write Conversation with Autumn Smith

2 What do you think the interview is about?



2 Listen and check (V) or cross (X). Correct the false sentences.

1 Autumn Smith is a musician. is writer

She started writing in school.

She loved telling her friends stories.

making up stories in her head Her parents told her to write her ideas down.

A teacher told her to write her ideas down

Her teacher found her lost notebook.

6 Autumn has the same notebook today.

Autumn has different notebook today.

8 She listens to all kinds of music and sings.











3 Use the information to role play a conversation.

Student A

You are an interviewer. Interview your partner. Use the clues to ask questions.

- What / do?
- When / start?
- Why / start?
- What / do / now?
- What / interests / have?

Hi, ... Welcome! What do you do?

I'm a ..

Oh, wonderful! And when did you start?

Student B

You are a famous person. Think about:

- what your profession is.
- when and whu you started.
- what you are working on now.
- what other interests you have.





3 Use the information to role play a conversation.

Student A (Interviewer): Good morning! What do you do?

Student B (Famous Chef): I'm a chef, I run restaurants and a cooking show.

Student A: When did you start cooking?

Student B: I started as a kid, around 12,

helping my grandma. Professionally at 18.

Student A: Why did you start?

Student B: My grandma inspired me, and I loved

the joy of making food for people.

Student A: What are you doing now?

Student B: Working on opening a new

restaurant.

Student A: What other interests do you have?

Student B: Playing tennis, hiking, and

photograph

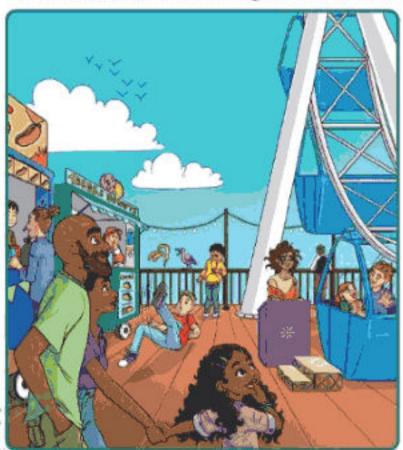


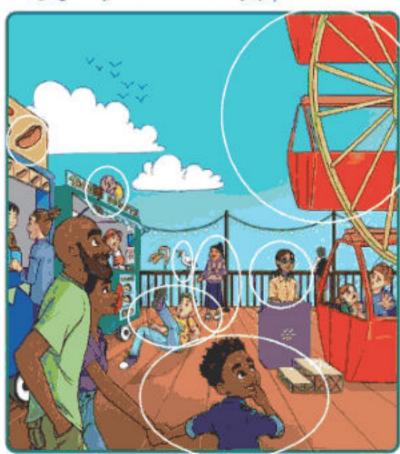


1 Dook, listen, and order the events. انظر، استمع، ورتب الأحداث.



- استمع، أشر، وقل. Listen, point, and say.
- 3 Look and discuss the eight differences. الإجابة الصفحة التالية سؤال ٢





یمین (Right)	یسار (Left)	الاختلاف	رقم
Yellow	Blue	Ferris wheel color	1
Red	Blue	Ferris car color	2
No stands	Has stands	Ferris wheel stand	3
Tied	Untied	Girl hair	4
Purple outfit	Yellow outfit	Clothes near fence	5
Boy, blue	Girl, pink	Child with parents	6
Yellow shirt	Red shirt	Child on ground	7
White bird	Pink bird	Bird near fence	8

Grammar

اقرا وصل.

1 Read and match.



Ethan Jenny

- Ethan is talking about actions.
- 2 Jenny is talking about feelings or states.

2 Read and circle or underline. اقرأ وضع دائرة أو خط



3 Play a game with your partner.

be believe cook dance do eat go have love prefer talk understand walk want write

Tell a story together:

الإجابة الصفحة التالية

- Close your eyes.
- Point to a verb.
- Look at the verb. Say if it is an action or state verb.
- Use the verb in a sentence to start a story.
- Your partner does the same and continues the story.

Lucy loves her cats and ... She eats dinner with them every night.

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TopGoal_2_Combo_SB_Unit_1 indd 17

(6)

Student A: I'll point to love.

It's a state verb.

Lucy loves her cats.

Student B: I'll point to eat.

It's an action verb.

She eats dinner with them every night.

Student A: I'll point to write.

It's an action verb.

She writes about her cats in her notebook.

Student B: I'll point to walk.

It's an action verb.

Sometimes she walks with her cats in the garden.

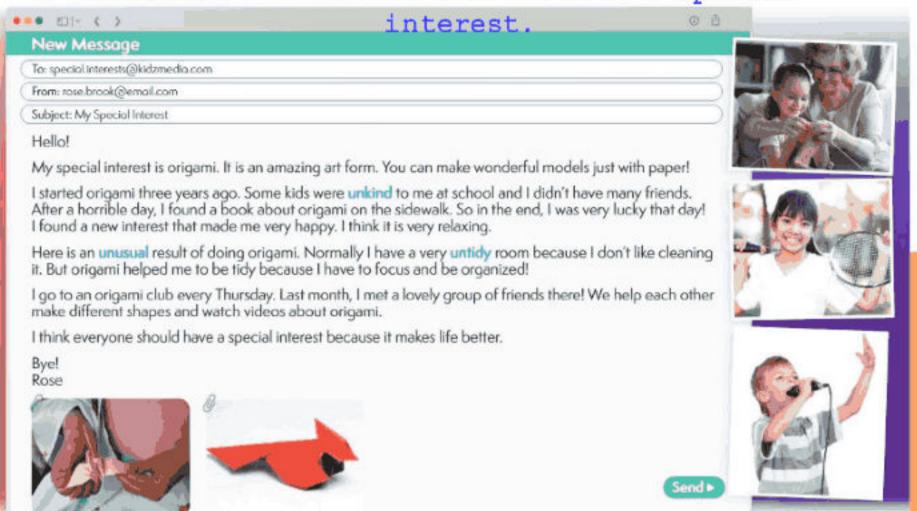


انظر إلى الصور والنص وأجب عن الأسئلة.



1 Look at the pictures and text and answer the questions.

- 1 What type of text is it? An e-
- 2 What do you think the taxasiabout? It's about Rose's special



2 Read the text and order the topics. اقرأ النص ورتب المواضيع.

A result of doing origami

[3]

When the Interest started

2

Introducing the interest

1

A recommendation

5

A place to practice with others 4

3 Read again and answer the questions. اقرأ مرة أخرى وأجب عن الأسئلة.

- 1 What is Rose's special interest? Rose's special interest is origami.
- 2 What is origami? Origami is making paper models.
- 3 How : Rose found an origami book after a bad day.
- 4 What are Origami is relaxing and helps you stay tidy.
- 5 What Rose can make models with friends and watch videos.

4 Discuss the questions with your partner.

1. What special interest do you have?

ناقش الأسئلة مع زميلك.

2 How did you start and why do you like It? My special interest is cooking.

I started cooking by watching my mom. I like it because it's creative and I enjoy eating what I make.

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اقرأ واكتب.

1 Read and write.

- 1 kind
- 2 friendly
- 3 tidy
- 4 usual
- 5 lucky
- 6 clean
- 7 happy

املأ المنظم البياني لاهتمامك.

un-

unfriendly
untidy
unusual
unlucky
unclean
unhappy

not friendly
not tidy
not usual
not lucky
not clean
not happy

2 Fill out the graphic organizer for your interest.

اكتب بريدًا الكترونيًا عن اهتمامك الخاص.

My interest: Cooking

What it is:

New Message

Cooking is the act of preparing food for eating

How I started:

I started cooking by watching my mom.

When and where I do it:

I cook in my father's restaurant after school.

Why I like it because it's creative and I enjoy eating what I make.

3 Write an email about your special interest.

My Special Interest

and travel through time.

Reading is my passion; it relaxes me and broadens my knowledge. I began early, inspired by my father's library. I read nightly and visit the public library on weekends. Reading has made me more patient and focused. To me, it's the best way to explore new worlds

Useful Expressions

I love it because

I started

An unusual result of doing

TopGosl_2_Combo_SB_Unit_1 indd 19

التعلم المتكامل: دراسات اجتماعية

Integrated Learning: Social Studies

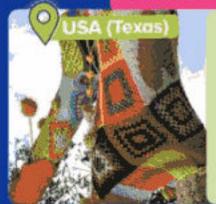




Look, read, and complete the sentences.

Unusual Interes

People have different interests around the world. Some can be very unusual! Do you know about these?



Yarn bombing started in Texas, USA, to make messy streets look more beautiful. People crocheted colored yarn around trees and made interesting and wonderful designs. Now, it happens all over the world, but some people prefer trees without yarn and think the bright colors look horrible!



Do you enjoy traveling with toys? Did you enjoy it when you were younger? Toy voyaging is a popular hobby where people take photos of their toys in special places. Some people believe this started with a French movie, but now people all over the world do it.



Most people use soap to keep clean. Some people in Thailand make amazing art from it! You need to be very careful so it's not messu! This is called soap carving.



Some people find pleasure in news bombing. They stand a few steps behind reporters in the street, trying to appear on the screen. Some make funny faces, white others show off tricks. This happens while the reporter is delivering serious news. News bombers can be found all over the world. Did you spot any in your country?



ابحث وقدم.

Unusual interests can be found all over the world. 3 Research and present.

in Texas Yarn bombing started _

People use yarn bombing to make messy streets and trees look more

Toy voyaging is a hobby where people take photos of toys in famous

Toy voyaging miplaces arted with a movie from France

In Thailand, you can make beautiful art with soap

Newsbombers stand a few steps behind reporters in the

There are news streets all over the ناص الاسئلة مع زميلك.

2 Discuss the questions with your land

1 Which activity is most interesting? Why?

Which activity do you not want to try? Why?

3 What other unusual interests do uou know about?

Who does it Why people

I am going to talk about This activity started in ...

1-Soap carving because it's amazing to create art from everyday soap.

2-News bombing because it seems disrespectful to interrupt serious news.

3-I've heard about competitive extreme ironing, where people iron clothes in unusual or dangerous locations.

براجعة الوحدة **Unit Review**

العب وأجب

Play and answer.

بداية \ نهاية Start / Finish

Write the opposite of these words: tidu. kind, friendly, lucky. untidy, unkind, unfriendly, unlucky Say a state verb and use it in a sentence.

قل فعل حالة واستخدمه في

I want a new bike

Say what you did last Friday.

Last Friday, I played football

لل ملذا فعلت يوم الجمعة

اكتب عن اهتمام لديك.

Write about an interest you have.

I'm interested in origami.

Say what time you wake up every morning.

اكتب عكس هذه الكلمات

l wake up at seven every morning.

Answer.

What is another word for "very big"?

enormous.

جب

قل جملة باستخدام فعل فعل.

احب

using an active verb.

She's sending some

photos.

کو ن حملاً بثلاث کلمات تیداً بـ -un.

Make sentences with three words beginning with un-.

The man with the dog was unfriendly.

She felt unhappy after she lost the game.

My room is a little untidy, so I need to clean it.

2 Answer.

Why was Lia

unhappy? Lia was jealous/worried a lub? new friend would change her friendship with Chloe. Rose

14 Say what you ate for dinner yesterday.

قل ماذا أكلت على العشاء أمس

I ate chicken soup

Answer.

When does Rose go to an origami

Rose goes every Thursday

> Where can you make art from soap?

> > Thailand

ബ Answer

> What word describes a loud place? noisy.

Say what you do on Saturdays.

قِل ماذا تفعل في أيام السبت

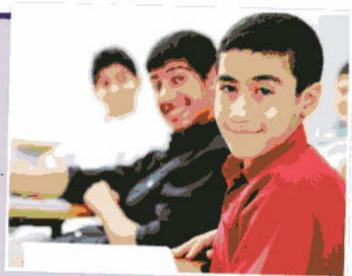
I cook with my mom.

Project



Create a community-interests poster.

- Brainstorm with friends and family what you want to be part of your poster.
- Write down six questions about their interests.
- Ask your friends and family, and write their answers.
- Find pictures of their interests.
- Stick and draw pictures on the poster, and write about each interest.
- Show your poster to the class.
- Find out which interests are more popular.



والقالتعليم

Ministry of Education 2025 - 1447





Sophie moves to a new house.

صوفي تنتقل إلى منزل جديد.

استمع، أشر، ورتب الأقسام.

استمع، أشر، وقل.

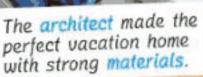
1 🔝 Listen, point, and order the sections. 2 🕰 Listen, point, and say.



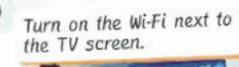






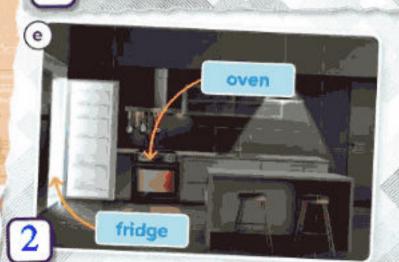








Wi-Fi



measurements

5

What does your ideal home look like?

2

22





3 Look and write.



telephone

screen

The key is under the mat.



المفردات

Vocabulary

Wi-Fi



materials







Living/Dining 18'-1" x 16'

design

ct

gate

12

basement

measurements

Listen, read, and circle the parts of a house. استمع، اقرأ، وضع دائرة حول أجزاء المنزل.

Chorus

What's in, what's in your house? What's in your house? What's in, what's in your house? What's in your house?

To get through the entrance you have to find the key. Once you're through the gate, you can come and find me!

Chorus

If you're feeling hungry, see what's in the fridge!

Turn the oven on or make a cold sandwich!

Chorus

Downstairs is the basement, on the bottom floor.

There are bedrooms and living rooms. Who could ask for more?

Chorus

If you want technology, turn on the Wi-Fi. We have lots of screens. Have a look ... Don't be shy!

Chorus

استمع مرة أخرى وردد.

Listen again and chant. ناقش الأسنلة مع زميلك

Discuss the questions with your pardifferent.

Is this house like yours?

What is similar? What is different?

3 How can you improve your house?

My house has a

1-Yes, my house is similar in some ways, but it's also)

2-My house also has a living room, a bedroom, and a kitchen with a fridge and an oven.

3-I would like to improve my house by adding a small garden

to the backyard.





خطط مستقبلية مع "' Will الجدول. " Read the chart

Future Plans with <i>Will</i> Subject + <i>Will/Won't</i> + Verb (Base Form)				
"The house is very small."	"It is small. I don't like it. We won't come here again."			
"Will you be here tomorrow?"	"Yes, I think I will."			

اقرأ وصل.

2 Read and match. There is one ending you don't need.



Yes, you will.

Where will I sleep, Mom?

- 1 The sentences are about .
- 2 We use will for d
- 3 We use won't for b.

- something we decided before.
- b something we just decided not to do.
- c future actions.
- d a decision made at the moment of speaking.



اكتب will أو won't في المكان الصحيح.

3 Write will or wan't in the correct place



- 1- I will look for the Wi-Fi!
- 2- I will look upstairs.
- 3- I found it! I will turn it on.
 - 4- Great. But I think I won't use it much. There is so much to do here!
 - 5- Yes. I will order a pizza.
 - 6- OK, but get a small one. I eat a lot.
 - 7- OK. I will get a small pizza.
 - 8- Then we will look around the neighborhood.

أكمل باستخدام will أو won't والكلمات التي بين قوسين.

- 4 Complete using will or won't and the words in parentheses.
 - 1 This pizza was awful! (buy / again) / won't buy it again!
 - 2 | can't find the keys! (look / entrance) | I will look near the entrance.
 - 3 It's so hot here! (wear / coat) I won't wear my coat.
 - 4 The gate is locked. (get / keys will get the keys.
 - 5 There's a TV screer I will watch TV when I'm in bed.
 - 6 It's da I won't go down there without a flashlight.
- 5 Play a game with your partner.

Instructions

العب لعبة مع زميك.

- Close your eyes and point to a noun and a verb.
- Say any sentence using the noun.
- Your partner responds using will/won't and the verb.

architect basement car
design door entrance
fridge gate house
key oven telephone
TV screen Wi-Fi

be buy call
dance do
draw eat find
go look make
play sing writ

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Noun: fridge, Verb: eat

A: The fridge is almost empty.

B: I won't eat.

Noun: key, Verb: find

A: I lost my house key.

B: We will find it.

Noun: door, Verb: go

A: The car door is stuck.

B: I won't go.

Noun: oven, Verb: make

A: The oven is preheated.

B: I will make dinner.

Noun: TV screen, Verb: look

A: The TV screen is very big.

B: We will look at it.

Noun: Wi-Fi, Verb: do

A: The Wi-Fi is not working.

B: What will we do?



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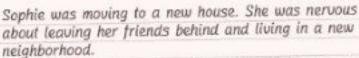


1 Look at the picture and choose a title.

Sophie's First Day at School

Sophie's Singing

Sophie's New House



"The new house is enormous!" said Sophie's mom, smiling.
"It really is," said her dad. "And the architect designed it
thinking about children, so there are some fun parts of
the house that you will love." But when she told her
friends about it, they said the house is haunted! Sophie
didn't know what to think.

When Sophie got to the new house, she walked through a big gate in a huge entrance. It was enormous! "I'll have so much fun exploring all the rooms!" she shouted.

She looked up and saw all the windows. "I wonder which one will be mine." Then she saw a slide coming out of

one window and reaching down to the yard. It looked so fun! "I think that will be my bedroom window!" she said to her mom. There were games in the yard, and the wall was made to be painted on.

"I'll buy you lots of colored paints," said Sophie's dad. "Yes, Daddy! We'll paint something together," said Sophie.

Later, Sophie was moving boxes into the house. Suddenly, she heard some voices coming from the basement. Was there someone else there? She walked down slowly and saw three racoons painting the walls! "Hello?" she said, but they screamed and hid! "I didn't know racoons were so unfriendly," Sophie thought, laughing.

"Beep, beep, beep," goes Sophie's alarm clock. She opens her eyes, and the sun is shining outside.
"Get up, Sophie. We'll buy the paint for the wall today!" What a strange dream Sophie just had. Could racoons really paint walls?

استمع واقرأ القصة. ثم أكمل الجمل.

2 Listen and read the story. Then complete the sentences.

- At the beginning, Sophie felt <u>nervous</u>
- 2 Her friends said the house is haunted.
- 3 Sophie's new bedroom window has a big slide.
- 4 Sophle heard some voices _ coming from the basement.
- 5 The racoons were painting the walls.
- 6 I think the new house sounds exciting and fun.

3 Work with your partner. Role play. اعمل مع زمیلك. مثل دور.

You are Sophie, and you moved to a new house yesterday. You are talking to your friend at school about it and what you will do there. You can invent more information about the house.

You are Sophie's friend, Maddy. You want to know about Sophie's new house and what she will do in her new neighborhood. Ask her some questions.



(C)

2

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3 Work with your partner. Role play.

Role Play

Maddy: Hi Sophie! How's the new house?

Sophie: It's awesome! It has a big room and a

slide to the yard.

Maddy: A slide? That's fun! What else?

Sophie: There's a wall for painting and a park

nearby. I'll go biking!

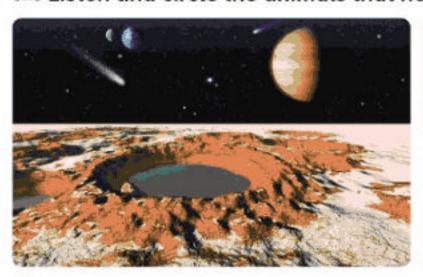
Maddy: Sounds great! Will you still visit us?

Sophie: Of course! We'll still have sleepovers!

🚵 Listening and Speaking

استمع وحوط الحيوانات التي تحتاج إلى منزل على المريخ.

1 Listen and circle the animals that need a home on Mars.











- 2 🕼 Listen again and choose the correct answers. استمع واختر الإجابات الصحيحة.

b a zookeeper

c an architect

- Who does she need to design houses for?
 - a astronauts

1 What is Emily's job?

a an astronaut

- b animals going to Mars
- c pets
- 3 What does Emily say the measurements of the first design need to be?
 - a big

b small

c shaped like a tree

- 4 What won't the first animal need?
 - a a TV screen
- b a car

- c a yard
- 5 What kind of materials will the house need?
 - a strong materials
- **b** wood

- c glass
- 6 What does the second animal need a home for?
 - a to fly

- b to watch TV
- c to sleep
- 7 The house will be designed in the shape of a ...
 - a fridge

b tree

c school

3 Use the information to role play a conversation. استخدم المعلومات للقيام بمحادثة تمثيلية.

Student A

You are an architect designing homes for animals on Mars.

- Choose an animal.
- Explain what the house will need.
- Ask your friend for ideas.

Hi, ... I'm designing a home for a ...

Wow! What will it need?

I think it will need ... but it won't need ...

Student B

Your friend is designing homes for animals. Use the clues below to ask questions.

- · What / need?
- What materials / use?
- How big / be?

Listen to their answers and share some ideas.

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3 Use the information to role play a conversation.

Martian Rabbit Home

Student A: I'm designing a home for a rabbit on Mars.

Student B: Cool! What will it need?

Student A: Thick walls, sealed air, and a food

garden. No big windows.

Student B: What materials? How big?

Student A: Martian dirt and plastic. About

classroom size.

Student B: What about sunlight and play?

Student A: Small lights for sun. Tunnels for

fun!



استمع، انظر، ووصل الكلمات بالمتحدثين.

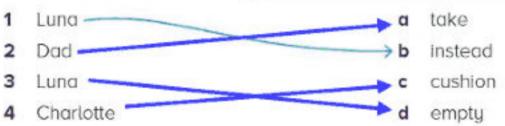


1 Listen, look, and match the words to the speakers.









- 2 منتمع، أشر، وقل. Listen, point, and say.
- 3 Read and complete with words from Exercise 1. اقرأ وأكمل الجمل بكلمات من التمرين ١ اقرأ وأكمل الجمل بكلمات من التمرين
 - 1 Put that old chair <u>cushion</u> in the box.
 - 2 I'm waiting at the __front__ door. It's the white house on the __corner_
 - 3 Hurry up! It'll take two hours to get home. See you later when you arrive there.
 - 4 Do you want me to put anything <u>else</u> on the top bookcase <u>shelf</u>?
 - 5 __Instead_ of science we _actually have geography now.
- 4 Talk and make a dialogue with words from Exercise 1.





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يعتمد الإجابة على الطالب هذا مثال للحل

4- Talk and make a dialogue with words from Exercise

Charlott: See you at school.

Luna: Let's meet at my house.

Charlott: OK. Front door?

Luna: Yes! I'll bring a cushion.

Charlott: Take the one on the shelf-I'm hungry!

Luna: Got it! See you soon.

اقرأ الجدول.



Read the chart.

Will for Spontaneous Plans Subject + Will + Verb (Base Form)		Be Going To for Previous Arrangements Subject + Am/Are/Is Going To + Verb (Base Form)	
×	We missed the bus! We won't be home before 4 p.m.	I am not going to sleep at home tonight.	
?	Will you bring some extra pajamas?	Are we going to watch a movie this evening?	

2 Read and write the names. اقرأ واكتب الأسماء.



- 1 Who mentions a decision made at that moment? ____Luna.
- Charlotte. 2 Who mentions a plan made before now?

اقرأ وأكمل. 3 Read and complete.

be going to will am won't

- be going to to talk about plans and arrangements.
- 2 We use will and won't to talk about decisions made in the moment.
- 3 Only the word "be" changes to ______, are, or is.







انظر إلى العنوان والصور. أجب عن الأسئلة.



1 Look at the title and images. Answer the questions.

- 1 What kind of page is it?
 - a an email

- **b** a magazine
- c a website

- 2 What do you think the page is about?
 - a selling a house
- **b** moving to a new house
- c changing a house

Young Architects - Redesigning a Bedroom



Last month's Young Architects competition winner, Kai, is going to design his dream bedroom! He spoke to our architect to draw the design he wants, and he wrote us a letter with his thoughts. What is he going to change? Read on to find out!

Hello! I'm so excited to have my dream bedroom in my house! I'm going to make some changes that I agreed to with the architect, and I'll plan some other changes later.

First, I'm going to change the measurements of my bedroom. It's going to be much bigger! We're going to put big cushions in the corner of the room, and I think I'll have a big screen to watch movies and play video games.

Instead of the two small windows, the builders are going to put in one big window. I'll be able to see the front yard and the entrance! My friend said I need a slide coming out of the window into the yard. But I won't ask for that because I won't use it.

Right now, I have an empty closet in the comer of my room. The builders are going to change it into a secret space just for me. Will it be big enough to put a fridge in there full of my favorite food? If not, I'll put another screen in there.

The builders are going to start the changes next week. Will they finish before my birthday? I hope so! It's so exciting! Thank you!

2 Read and complete. اقرأ وأكمل.

- 1 Kai is redesigning his bedroom because Social and Emotional Learning
 he won a competition an architect and his friends
- 2 He discussed the design with the room is going to be bigger.
- 3 Change of measurement in the corner of the room.
- 4 Cushions added: one big window instead of two small windows.
- 5 Change to windows a fridge with his favorite food
- 6 Closet could have a fridge or another screen

71116

7 Kai hopes they will finish before his birthday

TopGost_2_Combo_SB_Unit_2 indd 30 (a)



أقرأ الجمل. اكتب حرف (V) للأفعال وحرف (N) للأسماء. ثم اكتب جملتين أخريين.

1 Read the sentences. Write V for verbs and N for nouns. Then write two more.

N 1 ... Is going to design his 2 ... draw the design dream bedroom ... he wants. 4 You can give me a call. 3 You can call me. 6 The dogs cornered me. I couldn't There was a shelf in the corner. V get away! 7 The movie theater is going to V N 8 There are three TV screens in mu house. screen my favorite movie! V N 9 I will water the plants. 10 The water is cold.

2 Complete the mind map about your dream bedroom.

كمل خريطة المفاهيم حول غرفة نوم أحلامك.



3 Write an email to Young Architects and describe how you will change your bedroom.



تعلم متكامل: در اسات اجتماعية

Integrated Learning: Social Studies





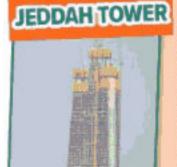
Look and discuss the questions.

Do you think buildings stay the same forever? Why or why not?

Do you think buildings will be designed in the same way in the future? Why or why not?

No. Buildings are getting taller. The text mentions the Jeddah Tower, which is planned to the stadiums. Saudi Arabia Will nost the World Cho be over 1,000 meters tall. in 2034. Architects won't always build new stadiums, but they will improve the

No. Designs are changing. Architects are making stadiums more attractive and designing new city homes to be builders environmentally friendly. always do is change the front of the stadium to make it more attractive.



Jeddah Tower may become the tallest building in the world! The tower will be more than 1,000 meters tall when it is completed. Can you believe its measurements? Nobody lives there yet because builders are working on it. The architect who designed the tower chose very strong, modern materials, like concrete, steel, and glass. The layout has space for homes, shops, and offices.



MODERN CITY HOMES

Cities are going to get bigger as more people move to live in them, so architects are designing city buildings that won't harm the planet. One example is the Farmhouse. It will

be made with natural materials, and people will be able to grow their own food instead of buying it from grocery stores. It will also treat and use rainwater for washing and watering the plants.

ا وضع علامة صح (√) أو خطأ (X). صحح الجمل الخاطئة .

Read and check (
) or cross (X). Correct the false sentences. Building designs are always changing.

Building designs will be the same in the future as they are now. Architects improve the designs of existing stadiums.

2 Architects will always build new stadiums for the World Cup.

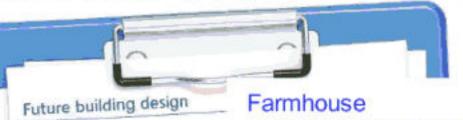
Architects will change the layout of the football stadium. They will make the fronts more attractive.

The stadiums won't look different.

The tower will be built with modern materials, like concrete, steel, and glass The tower will be built with traditional materials, like wood.

- There will be more people living in cities in 2030.
- In the Farmhouse, people will grow their own food.

ابحث وقدم عرضاً. Research and present.



I am going to talk about ... This building will be made with.



Architect Materials to be used Measurements Unique design features designing city buildings. natural materials normal building buildings that won't harm the planet.

3 Research and present:

I am going to talk about farmhouse. This building will be made with natural materials. City buildings that won't harm the planet. People will be able to grow their own food instead of buying it from grocery stores. It will also treat and use rainwater for washing and watering the plants.

العب وأجب.

Play and answer.

الصف وأخبر زميلك انك أربعة أحزاء من المنذل

البداية / النهاية Name four parts

Start / Firbasement, gate,

entrance, bottom floor

فكر في ثلاث كلمات تكون أفعالاً واسماء في نفس الوقت.

> Think of three words that are the same as verbs or nouns.

screen/screen. phone/phone, design /design

8 Answer.

What might you find in a kitchen?

oven, fridge, shelf, corner, food

الطقس وقرر ماذا لن تقعل اليوم Look at the weather

and decide what you won't do today. It's raining, so I won't go to the

park. Answer.

> What did Sophie find in her basement?

> > racoons.

Tell your partner a pre-arranged plan.

Return I'm going to go swimming tomorrow. No, I'll go hiking.

Decide what you will do after class and tell your partner.

قرر ماذا ستفعل بعد انتهاء

اجعة الوحدة

Unit Review

I'm going to do my homework.

انظر إلى Answer.

> Who designs houses?

> > an architect

Write a description

There is a big house near my school with a red door and a large

garden.

What building will be more than 1,000 meters tall?

Jeddah Tower

Tell your partner what plans you have for the weekend.

I'm going to visit my grandparents

خبر زمیلك ما هي خططك

لعطلة نهابة الأسبوع

اطلب من زمیلك أن يتخذ قراراً فورياً Ask your partner to make a decision on the spot.

Will you lend me vour book?

W Answer.

> What do you need to get into a house?

> > a kev

Ask your partner what they are going to do on the weekend.

"What are you going to do on the weekend?'

Project

Create a plan for a house of the future.

- Brainstorm different structures.
- Choose one you like.
- Write down all the rooms and parts of the house you want to include.
- Draw the lauout.
- Add the measurements and materials.
- Add colors.
- Show and explain your house plan to your class.



Remember to include:

measurements (20 m), materials (wood), room names (kitchen), doors, and windows.

وزارة التعليم Ministry of Education



Job Paths



Jobs in the community

وظانف في المجتمع

انظر، استمع، وأكمل.

1 🔝 Look, listen, and complete.

Gabriel Rodriguez Hazel Miller Hudson Jones Mrs. Taylor Nathan استمع، أشر، وقل.

2 632 Listen, point, and say.

Meet Your Community!



1 Mrs. Taylor

Learn how to take professional photos with this photographer.

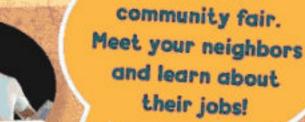


Mr. Brown

Drive through the streets with a driver.



Do you know this actor from TV?



Natha



Do business with a businesswoman

Come to the



Sing your favorite songs with a famous singer.



Mrs. Neuman

Meet a journalist and hear about local news.



Hudson Jones

See how to plan a building with an engineer.



Practice teamwork with a manager.



Fly a Miller with a pilot or watch the film the passengers.



Love food and meeting people? Help a waiter serve customers their favorite dishes.



Meet a mechanic and learn how to repair a car.



Gabriel You co Rodriguez



Sam Robinson

Watch an artist paint a picture before your very eyes.



Saturday, 10 a.m. - 5 p.m. City Park

What jobs do people in your community do?

Mr. Ali is a doctor. Miss. Asma is a teacher and Mr. Sami is an engineer.







انظر و اكتب

3 Look and write.



A mechanic fixes cars.



waiter



-engineer



businessman e photographer f



singer





n fashion designer flight attendant



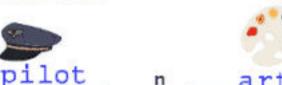


journalist



manager





استمع، اقرأ، وأدور حول الوظائف. . Listen, read, and circle the jobs 📾 🕰

Hi. I'm an actor act in films and TV. I'm a school bus driver.

Have you seen me?

Hello, I'm an artist. I love to draw and paint. I'm a businesswoman. I have a meeting; I can't be late!

We live in your community, in your community!

Hey! I'm a fashion designer. I design the clothes that you wear.

I help people build houses. I'm an engineer.

Hello, I'm a journalist. I talk about the news.

I'm a manager of business people – don't be confused!

We live in your community, in your community!

Hey! I'm a mechanic, I fix your car if it breaks.

I'm a photographer and pictures I take.

Hello. I'm a pilot. I fly airplanes.

I'm a flight attendant. I'll help you relax on the plane!

We live in your community, in your community!

Hey! I'm a singer. I sing on TV.

And I love to sing in concerts and make you happy!

Hello. I'm a waiter and I bring you food. If you like what you eat, then you'll be in a good mood.

We live in your community, in your community!

استمع مرة أخرى وأنشد. Listen again and chant المه

6 Describe the people in your community. صف الأشخاص في مجتمعك.

My neighbor is a mechanic, and she can fix cars.





My neighbor is an engineer, and he builds houses. My neighbor is a teacher, and she teaches people



1 Read the chart.

اقرأ الجدول.



Definite Future Plans	Possible Future Plans	Unlikely Future Plans	Impossible Future Plans 0%
I <i>am going to</i> be an artist.	You may/may not fly all over the world.	She might/might not become an engineer.	He isn't going to act on TV.

2 Read and check (√) or cross (X). (X) أو (√) أو (X).



1 It's possible that Julian will work as an engineer in the future.



2 It's unlikely that Julian will work as a pilot in the future.



3 It's clear that Maya will work as a journalist in the future.



4 It's impossible that Maya will work in an office.

3 Read and match.



(be) going to may might

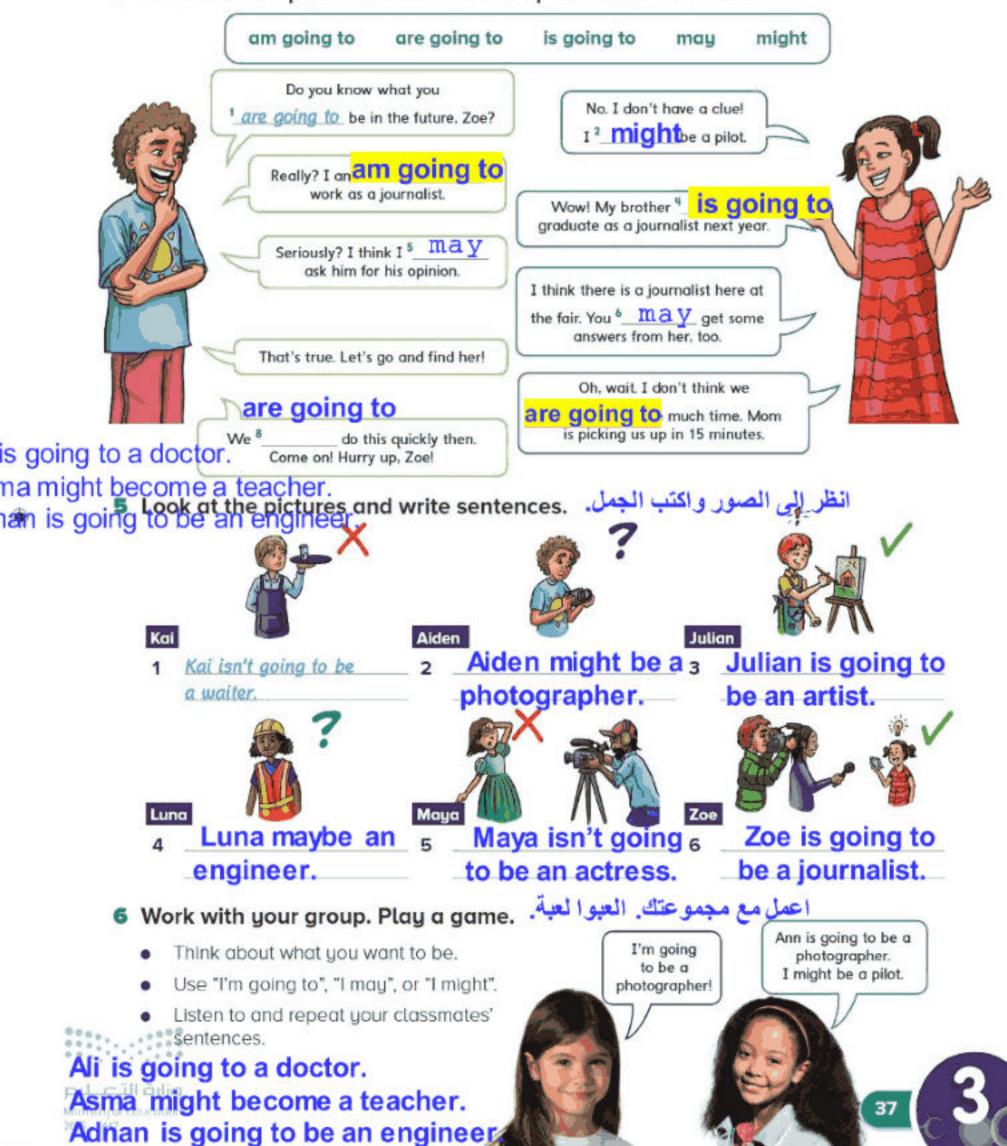
- 1 We use __(be) going to __ when we are completely sure of a future plan.
- 2 We use _____ when a future plan is likely to happen.
- 3 We use <u>might</u> when a future plan is very unlikely to happen.

3



اقرأ وأكمل. يمكنك استخدام الخيارات أكثر من مرة.

4 Read and complete. You can use the options more than once.



TopGost_2_Combo_SB_Unit_3 indd 37





1 Look and discuss. انظر وناقش.

1 Who do you think they are and where are they?

- What do you think is happening?
- 3 Why do you think that is happening?

2 6.5 Read, listen, and check. مع وتحقق

The College Application

Harper's older sister, Emilia, is in her bedre completing her college application form. She doubtful and sad. "What's the matter, Emilia asks Harper.

"I don't know what I'm going to study in co says Emilia.

to study in college. 3-Emilia wants to study arts, but she thinks that artists don't make much money

are in Emilia's bedroom.

1- They are sisters called

2- Emilia doesn't know what

Harper and Emilia, and they

"You are very good at drawing! That's your talent. You may become a great artist, or you might be a fashion designer. I love the way you dress," Harper answers.

"You're sweet, Harper, but artists don't make much money. I'm not going to have a house and a family as an artist," says Emilia.

"Now you're being silly, Emilia! Look at me. Tell me what's more important: being rich and unhappy or enjoying what you do every day? You might not be rich, but you aren't going to be poor either. What matters is that you're going to be happy, and no money is better than that."

Emilia looks at Harper with tears in her eyes. She hugs Harper and says, "You may be right. You're a very smart kid. Thank you for your advice!"

اقرأ وضع علامة (√) أو (X).

3 Read and check (\(\seta \)) or cross (\(\times \).

- Emilia is excited about going to college. X
- 2 Emilia might be a good artist.
- poor as an artist. X
- 4 Harper thinks happiness is more important than money.
- 5 Emilia isn't going to be an artist. X

التعلم الاجتماعي والعاطفي

Social and Emotional Learning

اقرأ وناقش. Read and discuss.

1 What are some examples of negative

3 Harper says that Emilia is going to be Sadness, doubt, anger, fear, frustration.

- 2 Why is it important to share how you
- It helps you get advice, support, and feel less alone.
 - 3 Who can you talk to when you have a
 - I can talk to Family, friends, teachers.
 - 4 What can you do to help others who are having problems?

I can listen to them, offer advice, give support, be kind with them.

27/09/25 11:37 AM 2 Combo_SB_Unit_3 indd 38



انظر إلى الصورة وتوقع الموضوع.

1 Look at the picture and predict the topic.



- 2 استمع واكتب T صحيح أو F خطأ. Listen and write T (true) or F (false). E أصحح الجمل الخاطنة.
 - Ben is going to go to Canada on vacation. F
 Ben is going to move to Canada.
 - 2 Ben's mom is going to have a baby.
 - Ben's aunt is going to have a baby.
 - 3 Bill may visit Ben.
 - 4 Ben might not speak French in Canada.
 - Ben is moving to the French-speaking part of Canada.
 - 5 Bill is a good friend.
- 3 Use the information to role play a conversation. استخدم المعلومات للتمثيل الحوار

Student A

You're going to live in another country.

Greet your friend and say you are going to move. Think about:

- where you are going to move to.
- when you might travel.
- why you are going to move.
- . what you may do there.

e to.

I'm going ...

Hi, ... I'm going to move!

Student B

Your friend is going to move to another country. Use the clues below to ask questions.

- Where / going to move to?
- When / might / travel?
- Why / going to / move?
- What / may / do?

Ful — Till Öjljig Ministry of Education 2025 - 1447



Student A: Hi! I'm moving to Japan.

Student B: Really? When?

Student A: Maybe in July.

Student B: Why are you moving?

Student A: My mom has a new job there.

Student B: What will you do in Japan?

Student A: Go to school, learn Japanese, and eat new food.

Student B: Wow! I'll miss you.

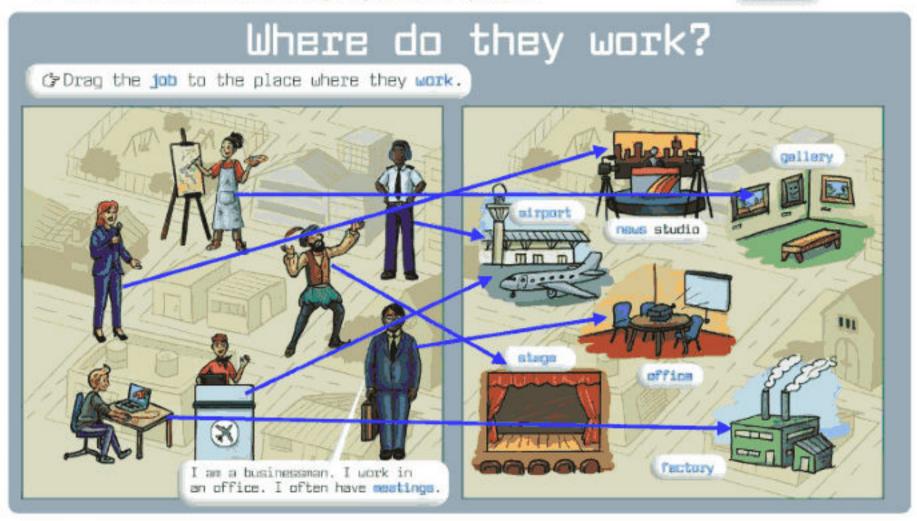
3 Use the information to role play a conversation:





استمع وطابق الأشخاص بالأماكن.

1 من Listen and match the people to the places.



- استمع، أشر، وقل. Listen, point, and say.
- 3 Read, look, and write.
 - a Actors act on a stage, or sometimes they may perform in an art ² _gallery_ during an exhibit.
 - news on TV. b You may listen to the
 - My dad works in a factory, and he has an office where he has many ** *meetings every day.
 - d My parents are flight attendants. They 7 _____ work __ long hours. They also wait at the
 - 8 airport for a long time. It's not an easy 9 job.

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اقرأ الجدول والمحادثة.

1 Read the chart and conversation.

Question Tags

If the statement is affirmative, the question tag is negative.

If the statement is negative, the question tag is affirmative.



2 Read and complete. اقرأ وأكمل.

- 1 That was an office, wasn't it ?
- 2 He is going to work her sn't he ?
- 3 You haven't managed a team before, have you'
- 4 She enjoys taking photos, doesn't she?
- 5 You aren't a pilotare you ?

3 Play a game with your partner. العب لعبة مع زميلك.

- Draw a job or place.
- Don't say what it is.
- Your partner says what they think you drew, using a question tag.



That's an engineer, isn't it?

(I draw a "Pilot")

"This person flies something, doesn't he?"
"He works high up in the sky, doesn't he?"

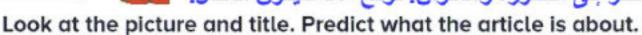
"He wears a uniform, doesn't he?"

"That's a pilot, isn't it?"

"Yes! You got it!

 \odot Reading

انظر إلى الصورة والعنوان. توقع عما سيكون المقال.

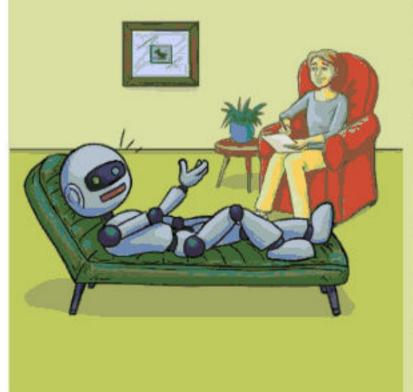




2 Read and write T (true) or F (false). خطأء F صحیح أو T صحیح أو

The article is about potential future jobs in the year 2040, especially those involving new technology and robots.

What job are you going to do in 2040?



many of the jobs you might do when you give up don't even exist now. We interviewed different specialists and asked them about jobs in 2040. Are we going to have receptionists, journalists, or scientists in the future? Keep reading and find out.

Are you interested in food? In 2040, food engineers are going to be popular. They are going to create and design the food we might eat. That's strange, isn't it? In the future, we might eat more processed food and food that is going to be modified at its molecular level. It's incredible, isn't it?

Another option you may consider is becoming a robot therapist. Yes, you read that right. In the future, we are going to need therapists for robots. As a robot therapist, you may have to talk to robots, understand their problems, and give them advice. Robot therapists are going to be like **psychologists**. You can't imagine a robot talking to a therapist, can you?

Finally, would you consider managing robots? Specialists say robots are going to need managers, so you may consider a career as a robot manager. It's going to be similar to what managers do now, but with robots. It's strange, isn't it?

As you can see, there are many new jobs you might do in the future. What do you think you may do? Would you like to be a food engineer, a robot therapist, or a robot manager? Leave your comments below.

- It's easy to decide what to do in the future.
- Specialists gave the information presented in the article.
- We might eat more organic food in the future.
- Robots are going to be therapists in the future.
- Robot managers are going to do the same job that managers do now.
- There won't be many jobs in the future.









1. Which job from the article would you like to do? Why?

would like to be a food engineer because I enjoy science and creating new things. Designing food for the future sounds fun and useful.

2. What other jobs do you think people may do in the future?

In the future, people may work as space farmers, robot teachers, or time data analysts. Technology will create many new kinds of work.

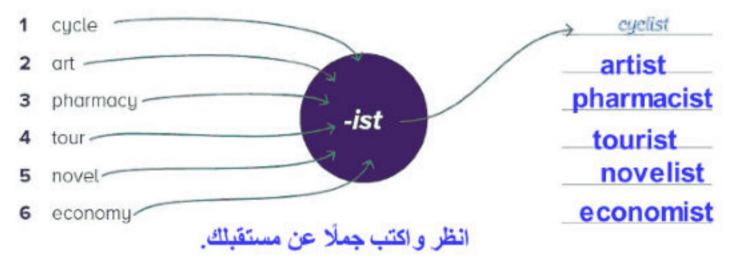
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صل الكلمة بالتعريف المناسب.

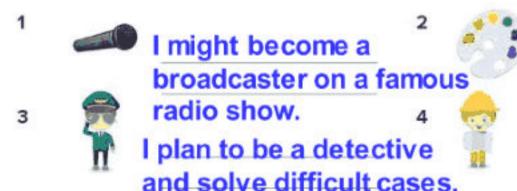
1 Match the word to the definition.



2 Read and write. اقرأ واكتب.



3 Look and write sentences about your future.



I will be an artist and paint beautiful landscapes.

I'm going to be a civil engineer and build bridges.

4 Write about your plans for the future. اكتب عن خططك للمستقبل.

Me 15 Years from Now 'm going to become a software engineer because I enjoy solving complex problems and creating things with code. I might work

for a big tech company, and then later, I'd like to start my own business. I'm going to work hard and I might get a master's degree to specialize in artificial intelligence.

التعلم المتكامل: الدراسات الاجتماعية

Integrated Learning: Social Studies





1 Read and answer the questions.

اقرأ وأجب على الأسئلة.

THE FUTURE OF WORK IN SAUDI ARABIA

More than 11 million people work for private companies in Saudi Arabia.

More young people are workers than before. Around 47% of workers are younger than 34 years old.

By 2030, most students who finish university will start working within 6 months of graduation.

Technology jobs are going to increase in Saudi Arabia. Around 15,000 new jobs in artificial intelligence will be created by 2030.





- 1 How many new jobs in artificial intelligence will be created? <u>15,000</u>
- 2 How many people work for private companies in Saudi Arabia? 11 million
- 3 How many months will it take for most university graduates to start working? 6 months
- 4 What percentage (%) of workers are younger than 34 years old? 47%
- 2 منتمع وأكمل. Listen and complete.

future job factory need managers technology

- 1 The workforce refers to everyone who has a job or is looking for work.
- 2 Jobs can change because of new technology and what businesses need
- 3 In Saudi Arabia, more people are working as doctors, engineers, and <u>managers</u>.
- 4 There will be more jobs in technology, like artificial intelligence.
- 5 People who work in a <u>factory</u> may need to learn new skills.
- 6 Workers need to keep learning to be ready for the future
- ابحث واعرض. .Research and present

Job title programmer
Required Skills be creative
Required Studies learn to code
Why I Like It

be creative
learn to code at school
you get to turn your
ideas into something real

I am going to talk about ... In the future, this job ...

مثال للحل

3- Research and present:

I'm going to talk about a programmer. A programmer writes code to make games and apps. You need to be creative and good at solving puzzles. You can learn coding at school. It's a great job because you turn ideas into something real.



العب وأجب.

1 Play and answer.



1 Answer

What do you call someone who flies planes? pilot Say this sentence to check information. "Your mom is an engineer, isn't she?" 3 Answer.
What professions are going to be food engineer, robot therapist

7 Write two future

Omar might work as an actor. clossmate.

He's not going to be a scientist.

6 Use the future to say what you May be going to flight attendant.

Answer.

light attendant, pilot .

Say this sentence to confirm the information. "You're new here, aren't uou?"

8 Answer

What do you call someone who takes professional Photographer.

Answer.

Why is Harper's

She can't decide

what to do in the

future.

Write a very
unlikely future
I might not
work as a
doctor.

11 Complete.

A person who is taking a tour is a

tourist.

Return عودة Say it's not probable that you will live in a different country in 20 years.

I might not live in a different country in

13 Answer.

How many people work at private companies in Saudi Arabia?

11 million.

Say that you are sure about moving in 20 years.

I'm going to move to New York in 20 years.

Project

My community in a poster.

 Create a poster showing the most common jobs in your community now.

20 years.

- Graph the results according to gender and age.
- Compare them with the jobs people are going to/may/might do in 20 years. Classify the results by gender and age, too.







Glorious Food

"طعام رانع"



Make your favorite snack.

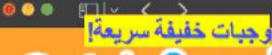
Q Search

اصنع وجبتك الخفيفة المفضلة.

استمع، أشر، وقل.

استمع و أشر. ضع دائرة حول ما تحتاجه لإعداد الطعام Listen and point. Circle what you need to make the food.

2 Listen, point, and say.



Quick Snacks





Bake Cookies with Noah Brookes.









Next week ...

Pancakes with a banana and yogurt topping



topping









What's in your favorite food?

Meet and rice



46

TopGost_2_Combo_SB_Unit_4 indd 46



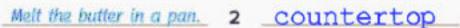
انظر واكتب التعليمات

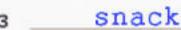
3 Look and write instructions.

















cookies

①

wonderful smell

đ



fetch

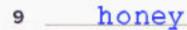






flour

8 topping









10 bake

smell 11

12 ingredients





sugar

اقرأ و اكمل بكلمات من تمرين ٣ م

4 Read and complete with words from Exercise 3.

Mu favorite dish is mutabbaq. It is common in Saudi Arabia. It's a dough with filling in it. First, you make the dough with 'flow , salt, and some 2's ugar You also

need 3b utter and water to help the

*ingredientambine. There are different fillings.

The common ones are meat, chicken, or cheese. Mutabbaq taste and 5 s me 11 delicious. I can eat them

every day.

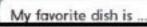




5 Discuss the questions with your partner.

- What is your favorite dish?
- 2 How do you make it?







1. What is your favorite dish?

My favorite dish is pancakes.

2. How do you make it?

I think you mix flour, eggs, and milk, then cook it in a pan until it's golden.



1 Read the chart. اقرأ الجدول



Expressing Advice with Should and Warnings with Had Better					
Subject + Should (Not) + Verb (Base Form)		Subject + Had Better (Not) + Verb (Base Form)			
/	We should turn the oven on.	~	We had better check the recipe again.		
×	You should not / shouldn't use too much sugar.				
Should + Subject + Verb (Base Form)			Var. had better not make a massal		
?	Should I use eggs in the mixture?	×	You had better not make a mess!		

2 Read and choose the correct option. اقرأ واختر الخيار الصحيح



You **should** get your ingredients ready first.



You had better wash your hands before you begin.



You **should** turn on the oven before making the cookies.



You had better not leave them in the oven too long!

- 1 The sentences give advice for the past / present or future.
- 2 Sentences 1 and 3 are similar to: "It's a good idea to ..." / "It's a bad idea to ..."
- 3 Sentences 2 and 4 are similar to: "It's important to ..." / "Don't worry about ..."

اقرأ واكتب الجمل الكاملة.

- 3 Read and write full sentences.
 - 1 Should / use / sugar / mixture? Should I use sugar in the mixture?
 - 2 We / better / add / more / water. We had better add more water.
 - 3 You/better/turn/oven You had better turn the oven off when you finish.
 - 4 You/should/not/r..... You shouldn't mix water and milk.
 - 5 We / better / not / forget / We had better not forget to add chocolate.
 - 6 Should / make / pancakes? Should I make some pancakes?

48



استمع واقرأ. ضع دائرة حول النصائح وخط تحت التحذيرات.

4 🕠 Listen and read. Circle the advice and underline the warnings.

Chorus

Do you want to bake a cake? Bake a cake, bake a cake? You won't make any mistakes! If you follow my advice.

You should buy all your ingredients before you begin.

You'd better wash your hands.

You have dirt on your skin!

Chorus

You'd better not forget the sugar

to make the cake sweet.

You shouldn't add too much, though, so it's not too sweet to eut!

Chorus

You should bake the cake in the oven, and watch the mixture rise.

You'd better watch the clock, or you'll get a big surprise!

Chorus

استمع مرة أخرى وأنشد. Listen again and chant.

انظر إلى الصور واكتب مقطعًا آخر. Look at the pictures and write another verse.

Do you want to bake __pancakes ?

Do you want to bake pancakes?

Follow my advice and wash your hands

You should mix the flour because it makes a good batte

You'd better add some honey.

You shouldn't use too much sugar
You'd better not forget to add the











نَاقَشُ نَصِيحَتُكُ لَصِنْعَ وَجِبَّاتَ خَفَيْفَةً بِاسْتَخْدَامِ الْكُلُمَاتِ الْمُوجُودَةُ فَي الْصِنَادِيقِ Discuss your advice for making snacks using the words in the boxes.

> Verbs buy fetch make

> > wash

Nouns

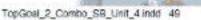
butter chocolate flour honey snack sugar sweet yogurt

- You should bake the snack before you eat it.
- 2. You can add chocolate and butter to make it more delicious.
- 3. Don't forget to wash your hands before you start!
- 4. You should put yogurt on top for a healthy snack.
- 5. Always smell the flour to make sure it's fresh.









add

bake

smell

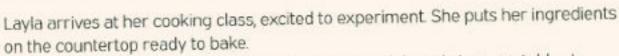


انظر إلى الصور. اختر عنوانًا.

1 Look at the pictures. Choose a title.

- Layla's Experiment Goes Wrong
- 2 Laula Bakes at Home
- An Experiment in Cooking Class





Layla's friend, Thelma, looks at her strangely. "Why did you bring vegetables to class?" she asks. "You know we're baking cookies, right?"

"Sure!" replies Layla. "My cookies will be the best!"

"You'd better not put any broccoli in your cookies!" Thelma continues, sticking out her tongue.

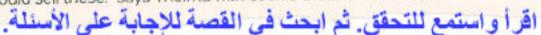
Layla tries different flavors. First, she puts in garlic, but a horrible smell fills the classroom. "That was a mistake," she thinks. She puts some new flour and butter into a bowl, this time with onion.

"What's that smell?" asks the teacher. "You should try carrots."

Then Layla remembers a carrot cake she ate once. Carrots can be in sweet snacks! But she looks at the clock. Only 15 minutes left! She'd better be quick!

Layla fetches the ingredients again and puts in some carrot. She puts her cookies in the oven and waits. A sweet smell starts to fill the classroom, and everyone is interested! When the cookies are ready, she gives everyone a bite.

"You should sell these!" says Thelma with cookie around her mouth.





- 1 Where is Layla? Layla is at school, in her cooking class.
- 2 Who is Thelma? Thelma is Layla's friend.
- 3 What does Thelma not want Laula to use? Thelma doesn't want Layla to use broccoli.

4 What is the first ingredient Layla tries in her cookles?

Layla tries garlic first.

- 5 Why does the room smell bad? Because Layla is using garlic.
- 6 What is the teacher's advice?

The teacher says Layla should try carrots

7 How much time does Laula have to make her carrot cookles?

Layla has 15 minutes to make her cookies.

8 • What does Thelma think of Layla's new

**cookies?Thelma likes Layla's cookies.







التعلم الاجتماعي والعاطفي

Emotional Learning

Discuss the questions with your ناقش الأسئلة مع زميلك. partner.

- What do you do if someone makes fun of your idea? الأحابة الصفحة التالية
- Is it important to trust your own ideas? Whu?
- 3 Why is it important to keep trying even after you fail?
 - What can we learn from our mistakes?

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What do you do if someone makes fun of your idea? Stay confident and ignore it.

Is it important to trust your own ideas? Why?
Yes, because big things start with small ideas.
Why is it important to keep trying after you fail?
Failure helps you learn and improve.

What can we learn from our mistakes?
We learn what works and become more creative.

انظر إلى الصورة وأجب عن السؤال.

Listening and Speaking

1 Look at the picture and answer the question.

What does Gabriel need help with?

- his homework
- 2 his eating habits
- 3 cleaning his room



استمع واختر الإجابات الصحيحة.

2 Listen and choose the correct answers.

- 1 Who is the conversation between?
 - a boy and a teacher
- **b** a girl and a parent
- c (a bou and a doctor

- 2 How is Gabriel feeling?
 - a hungry and excited
- **b** tired and his teeth hurt
- c nervous about an exam

- 3 What doesn't Gabriel eat?
 - a breakfast
- **b** chocolate

c cake

- 4 Why is breakfast important?
 - a It tastes great.
- b It helps you sleep.
- It gives you energy.

- 5 What does Dr. Diaz say about pizza?

 - You should never eat it.
 You should eat it every day.
- c It's OK to eat it sometimes.
- 6 What does Dr. Diaz say you should do to have balanced diet?
 - eat a bit of everything
- b eat a lot of everuthing
- only eat one thing

استخدم المعلومات لتمثيل محادثةً. Use the information to role play a conversation.

Student A

You're feeling sick. You go to the doctor for advice. Think about:

- how you are feeling
- what you normally eat
- what you don't eat

Hi. Doctor, I feel really ill. What should I do?

You'd better sit down. What do you eat?

Yesterday I ate ...

Student B

You are a doctor. Give advice to Student A about their eating habits.

- What should they not eat too much of?
- What had they better avoid?
- What should they eat more of?







Patient: Hi, Doctor. I feel bad.

Doctor: What did you eat? **Patient:** Burger and soda.

Doctor: Eat vegetables and drink water.

Patient: Okay. Thank you!

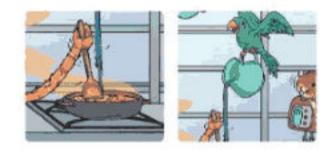




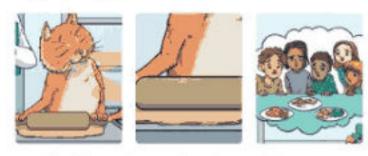
1 منظر، استمع، ورتب الخطوات. .Look, listen, and order the steps



- 2 🔝 Listen, point, and say. اشر، وقل
 - 3 Look and write possible sentences. انظر واكتب جملًا ممكنة.



1 Keep stirring while I pour the sauce.



roll the dough, but it's not enough for everyone.



measure the flour, cut the vegetables, and smell the delicious aroma.





mix the ingredients well, then taste the sauce before serving.

TopGoal 2 Combo SB Unit 4 Indd 52

اقرأ الجدول.





Zero Conditional If + Subject + Verb (Simple Present), Verb Phrase (Simple Present)				
If we don't have sugar, we use honey.	We use honey if we don't have sugar.			

2 Read and check (√) or cross (X). (X) أو خطأ (X) أو خطأ (X).



If it doesn't taste great, I stir in more salt.



The animals are saying facts that are always true.



- The dog says to always stir in salt.
- The parrot says to add water when the sauce is very thick.
- The animals are only talking about this sauce on this day.





- 1 bake / If / cookies / , / like / cake / . / you don't / a If you don't like cookies, bake a cake,
- 2 sauce / enough / you / don't / lf / , / have / . / add / you / water If you don't have enough sauce, you add water.
- 3 wet/add/flour/./dough/I/more/if/is/the I add more flour if the dough is wet.
- 4 you / . / measure / you / have / . / enough / If / food
- If you measure food, you have enough. 5 want / snack / if / yogurt / Try / sweet / you / . / a / fruit / with
- Try yogurt with fruit if you want a sweet snack.







اقرأ النص بسرعة وأجب عن الأسئلة.



- 1 Read the text quickly and answer the questions.
 - 1 What kind of text is it? It is an article found in a magazine.
 - 2 Who do you think it is written for? It is for sports people who want to eat better
 - 3 What is the main idea? Sports people should eat healthily to stay

Food and Sports:

Dos and Don'ts.

Everyone knows people in sports should eat healthily to stay strong and full of energy. We asked a football player and a tennis player what they think.

Do:

- 1 You should drink lots of water. Water is good for your body and keeps you awake. It also helps when your head hurts! If you don't like the taste of water, mix in some fruits or herbs.
- 2 You should eat enough fruit and vegetables.
 If you want a snack, you can cut up some carrots or apples.
- 3 You should use fresh ingredients.
 They taste better and are healthier!



اقرأ مرة أخرى واكتب ملاحظات. ثم صحح الجمل.

- 2 Read again and write notes.
 Then correct the sentences.
 - 1 water You should drink lots of water.
 - 2 fruit You should eat enough fruit. 2
 - 3 skipping mealYou shouldn't skip meals.
 - 4 7 p.m. You'd better not eat after 7 p.m.
 - 5 Eating sugar helps when your head hurts.

Water helps when your head hurts.

6 You don't sleep well if you eat after 5 p.m.

You don't sleep well if you eat after 7 p.m.

7 Meat smells bad if it is fresh.

Meat smells bad if it is old.



- 1 You shouldn't skip meals. If you can't eat a full meal, make a small snack.
- 2 You'd better not eat after 7 p.m. because you won't sleep well. Plan your eating well. If you are still hungry after 7 p.m., eat some fruit or bread and honey.
- 3 You shouldn't eat meat that smells bad. Old meat can make you sick. If you don't like the smell, you'd better throw it away!

ناقش الأسنلة مع زميل.

- 3 Discuss the questions with a partner.
 - 1 Do you follow this advice? Why or why not?
 - How can you improve your eating habits?
 - What other advice can you add to the list?



Torigoal 2 Combo SB Unit 4 indd 54

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3 Discuss the questions with a partner:
1.Do you follow this advice? Why or why not?
I try to follow rules like drinking water and eating meals, but it's hard not to eat after 7 p.m.
How can you improve your eating habits?.Y
I can eat more vegetables and choose healthier snacks like apples.

What other advice can you add to the list?. T I think you should eat healthy foods, chew slowly, and stop when full.

Word Work and Writing

ابحث عن الكلمات في النص الموجود في الطبقعة ؛ ٥. اكتب جمل ثم فكر في جملة أخرى.

1 Find the words in the text on page 54. Write sentences. Then think of one more.

Word	Used as a Noun	Used as a Verb
smell	1 If you don't like the smell, throw it away!	2 You shouldn't eat mea
tas mix	you don't like the taste of water, c in some fruits or herbs.	4 They taste better and are healthier.
plan	5 Plan your eating well.	6 I have a good plan for my diet.

2 Fill out the graphic organizer. المذ المخطط البياني.

Food Advice for a Local Sports Person

Advice for:

A Local Sports Person

Dos: What should they do/eat?

Drink lots of water.

Don'ts: What shouldn't they do/eat?

Don't miss small snacks.

Eat enough fruit and vegetables Don't eat after 7 p.m.

Use fresh ingredients. Don't eat meat that smells bad.

3 Write and draw your article.

اكتب وارسم مقالتك.

Useful Expressions

He/She should/shouldn't ...

He/She had better (not) ...

Don't forget ...

Food Advice for a Local Sports Person

To stay strong and full of energy, a sports person should drink lots of water and eat enough fruits and vegetables. She had better use fresh ingredients for all meals. A sports person shouldn't miss small snacks, especially if they can't eat a full meal. They had better not eat after 7 p.m. to ensure the sleep well. Finally, don't forget to throw away any meat that smells bad!

Pul — Ill Ojliq Ministry of Education 2025 - 1447





التعلم المتكامل: العلوم الطبيعية

Integrated Learning: Natural Science



Starches

1 Read and answer the questions. اقرأ وأجب عن الأسنلة.

Healthy Eating: The Best Kind of Diet

The best kind of diet is a balanced one. That means you shouldn't just eat salads. You'd better eat a bit of everything if you want to stay healthy. See below the kind of food you should eat.

Vegetables and Fruit

Your plate should be mostly fruits and vegetables. If you don't see a lot of colorful vegetables, add more! Vegetables taste great if you cook them properly. Fruits are sweet and make a great dessert!



Dairy products include milk, yogurt, and cheese. You should have some of this in your diet, but not too much.

Fatty Foods

Foods made of flour, butter, and sugar are fatty foods. You can have small amounts, but not too much. Sweet food often tastes great! But it doesn't make our body healthy. If you want a sweet snack, eat some fruit and yogurt or a little bit of chocolate.

You'd better check that you eat enough foods like potatoes, pasta, and rice.
These give you energy. If you don't have enough rice, you can have a sandwich with bread! You shouldn't put lots of butter on the bread.

Proteins

Proteins include fish, meat, eggs, and beans. You'd better have some in every meal if you want to be strong. If you don't eat meat, eat beans or eggs instead!

- 1 What does a "balanced diet" mean? A balanced diet means eating the right amount of everything.
- 2 The three most important food types are vegetables and fruit, starches, and proteins.
- 3 What is the food t
 We should only eat a small amount of fatty foods.
- 4 What kind of food is pasta? Pasta is a starch.
- 5 What pre If you don't eat meat, you can eat fish, eggs, or beans.
- 6 What should You should only put a little bit of butter on bread.

ناقش الأسئلة مع زميلك. ثم ابحث وناقش

- 2 Discuss the questions with your partner. Then research and present.
 - 1. Which food group do you eat the most of?

I eat the most bread and rice (grains).

- 2. Is there any food group you should eat more of? Which one, and why? Yes, I should eat more vegetables because they are good for my health.
- How similar or different is your diet to a healthy diet?
 My diet is a little different. I eat some healthy food, but I need to eat more fruits and vegetables.





العب وأجب. 1 Play and answer.



Don't eat too much sugar, junk food, or skip meals. Give your partner

Mix yogurt with honey and cut fruits. Tell your partner

Eat beans, eggs, tofu, or nuts.

Wash your hands
Use clean tools
Choose healthy foods
Don't add too much
sugar

Tell your partner

Don't touch hot things without help. Name two senses we use with food.

Taste Smell Eat fruits and veggies•
Drink water•
Eat less junk food•
Don't skip meals•
Eat breakfast•

Say four actions you do while cooking.

Wash, Cut, Mix ,Cook 9 Answer

Which ingredient did everyone love in Layla's cookies? Chocolate!

Mention three DOs
of a balanced diet.
Eat fruits
Eat veggies
Drink water

On the kitchen counter or table.

Return

Explain why breakfast is important.

Breakfast gives you energy.

13 Answer.

What are the three

Protein, Fruit and vegetables and starches.

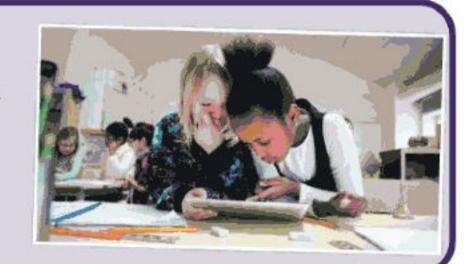
12 Tell your partner what they can

They can make a fruit salad or a veggie wrap.



Create a pancake recipe.

- Brainstorm different ingredients you like.
- Decide which ones you can use with pancakes.
- Write the list of ingredients you will use and draw them.
- Write and draw the recipe.
- Present your recipe to the group.



الم الأعلى المرافقة ا



